

Telehealth Visits Now Recommended for Existing Patients

A televisit is now the preferred method to conduct a visit with your Cary Medical Clinic provider.

Telehealth is appropriate to evaluate mild and most moderate illnesses, including concerns about infection with COVID-19. A televisit is also appropriate to manage ongoing health conditions like high blood pressure, diabetes, and depression. You can find a more complete list of conditions appropriate for telehealth below. Connecting with your provider virtually is a private and secure way for you to get the care you need from home.

BlueCross BlueShield NC, Aetna, Cigna Healthcare, United, and Medicare are covering telehealth during this Coronavirus pandemic. We expect other insurance companies to make similar announcements soon.

If your insurance does not cover a telehealth visit, or you prefer to see your provider in person, please call the office for an appointment first. Postpone routine and follow-up visits if you do not prefer telehealth visits and these can be rescheduled at a later date.

How to book your telehealth visit

1. Call the office and request Telehealth visit.

Cary Office: **919 233 2022**

Morrisville Office: **919 655 0202**

2. Send a request through your patient portal.

****Please note that after making your appointment you'll receive a confirmation in your patient portal account and/or a text on your mobile with a link for your telehealth visit.**